

Who Am I?

- CISO
 Flexible Plan Investments, Ltd.
- (Formerly) Director
 Center for Cyber Security & Intelligence Studies
 University of Detroit Mercy
- (Formerly) Chair
 CIS / Information Assurance Department
 University of Detroit Mercy
- (Formerly) Manger
 Cybersecurity consulting group
 Ford Motor Company

Jeffrey Ingalsbe



Agenda

A Biblical foundation

Current technology and social media.

Specific measures parents can take

A Biblical Foundation

Principles

Disney Channel?

The Bible?

Principles

- 1. "Know" your children, "Know" yourself
- 2. Life is not fair, everything is not equal
- 3. It's not about one scripture, it's about ALL of them
- 4. We don't need more rules we need grace
- 5. It's not about their behavior. It's about the heart



"Know" your children, "Know" yourself

"How does your child respond to the circumstances of life? Expressions of love for God or self? What do your children want and love and why do they want it and love it?" DSC

"Every word we say to our children is shaped by our view of their ability to be good and how to get them there" GTG

"Know" your children, "Know" yourself

Sin versus weakness/immaturity: Not thinking ahead, not weighing consequences, not managing their time, not remembering what they were supposed to be doing, not remembering to say the right thing;

As time passes: more time spent in the gospel

We are to raise up children who are strong in the Lord; children who can reason Biblically; children who recognize spiritual danger; this changes over time and is different for each child.



Life is not fair, everything is not equal

Exodus 33:19 "And he said, "I will make all my goodness pass before you and will proclaim before you my name 'The Lord.' And I will be gracious to whom I will be gracious, and will show mercy on whom I will show mercy."

Life is not fair, everything is not equal

Each child gets what they "need" not what they "deserve". The other children get what they "need". The needs of one child are not the needs of another child.

Life is not fair, everything is not equal

In every situation communicate the truth, in love, and point to the gospel. Often, parents communicate the truth in anger, or shame, or ridicule. (Ligonier ministries blog) Love overlooks a multitude of sins 1 Peter 4:8. We should be slow to "convict". 1 Cor 13 says love "thinks no evil". Assume the best. Don't sweat the small stuff.



not one scripture, but ALL of them

Prov 29:11 "a fool gives full vent to his spirit, but a wise man quietly holds it back"; Eph 5:4 "Let there be no filthiness nor foolish talk nor crude joking, which are out of place, but instead let there be thanksgiving."; Eph 4:29 "Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear."; Eph 4:32 "Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you."



We don't need more rules we need grace

"We are always to do our best, striving to be obedient and to love, nurture, and discipline them. But we are to do it with faith in the Lord's ability to transform hearts, not in our ability to be consistent or faithful."

We don't need more rules we need grace

"Grace doesn't deal with children according to their sins, or focus on what's wrong with the child, or measure a child's value according to how well they adhere to laws, or revert to condemnation, guilt, or leverage with shame. Rather, it focuses on who they are (or can be) instead of what they do".



It's not about behavior. It's about the heart

Love should be the silver thread that runs through all your conduct! Kindness, gentleness, long-suffering, forbearance, patience, sympathy, a willingness to enter into childish troubles, a readiness to take part in childish joys—these are the cords by which a child may be led most easily—these are the clues you must follow if you would find the way to his heart. -- J.C. Ryle

So...

Current Technology and Social Media

Texting

- SMS
- MMS
- iMessage
- Messaging Apps
- Direct Messaging
- Private Messaging



Twitter (1 of 2)

A service for friends, family, and coworkers to communicate and stay connected through the exchange of quick, frequent messages. People post Tweets, which may contain photos, videos, links and up to 140 characters of text



Twitter (2 of 2)

Twitter is a blend of instant messaging, blogging, and texting, but with brief content and a very broad audience.

Twitter



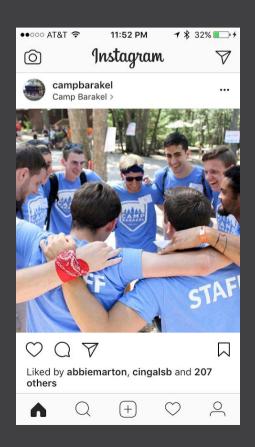


Instagram



A mobile photo-sharing application and service that allows users to share pictures and videos either publicly or privately on the service, as well as through a variety of other social networking platforms, such as Facebook, Twitter, Tumblr, and Flickr.

Instagram





SnapChat



Allows you to send videos and pictures, both of which will self destruct after a few seconds of a person viewing them.

SnapChat





Tinder





Reddit





So...

Specific steps parents can take

Approach

- Don't "set it" and "forget it"
- Always go back to principles
- Tailor approach by child
- Engage other parents
- Live it yourselves

Access

- Kids: Share your passwords with your parents.
- Parents: Don't abuse this privilege.

- Kids: Surrender your devices when asked.
- Parents: Don't ask often.

Photos

- Kids: Never text or forward pics you wouldn't show your pastor.
- Parents: Engage don't demean.

- Kids: Believe your parents.
- Parents: Don't overstate.

Restrictions

- Dads: Have Mom put restrictions on your device
- Moms: Have time limits on your device.

- Kids: Believe your parents.
- Parents: Don't overstate.

GeoLocation Apps



Only works between Apple devices on the same **AppleID**

Find my iPhone

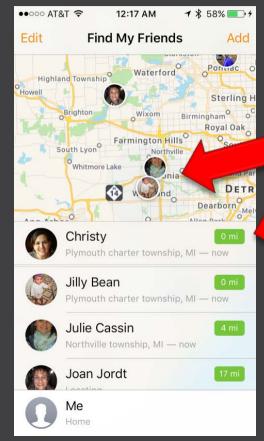






Works between all devices

Find my Friends

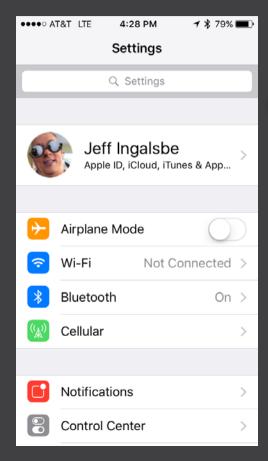




Setting restrictions on iPhones and iPads

Go to Settings

iPhone Restrictions





Search settings if needed

Scroll down to "General"





Select

●●●●○ AT&T LTE	4:28 PM	→ 🔻 79% 📼
Settings	General	
About		>
Software Update		>
Spotlight Search		>
Handoff		>
CarPlay		>
Accessibility		>
Storage & iCloud Usage		>
Background A	>	



Scroll down to "Restrictions"





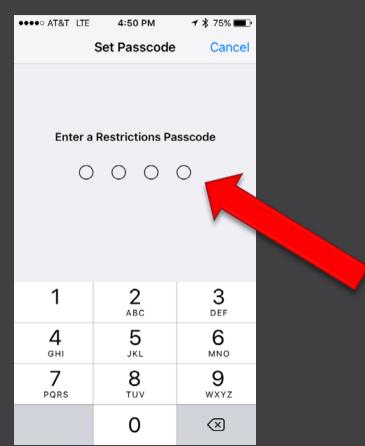
Select

Select
"Enable
Restrictions"





Enter a passcode





Turn on apps that you want to allow





Safari is "allowed"

Turn off apps that you don't want to allow





Installing
Apps is NOT
"allowed"

Select things you want to allow changes to

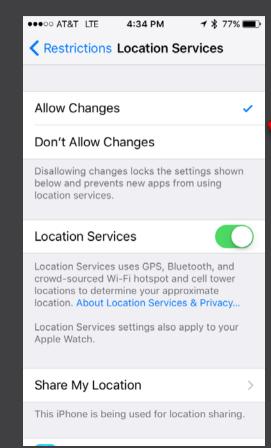




Select to determine whether accounts can be modified

Select "Location Services"

iPhone Restrictions





Allow changes

Scroll down to see apps that want to use location services





Apple Watch has access to location services "While Using"

Select "Camera"

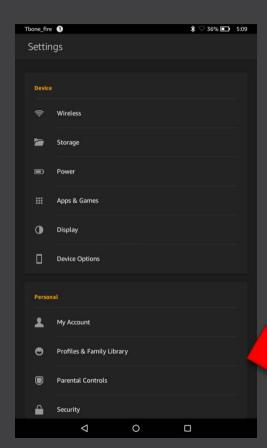




Camera has access to Location Services While it's open

Setting restrictions on Android devices

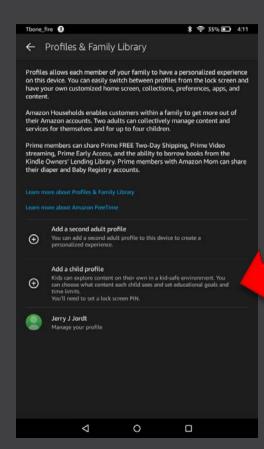
All Androids are slightly different!





Select
"Profiles &
Family
Library"

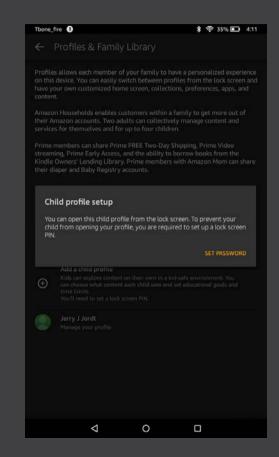
Create a Profile for your child

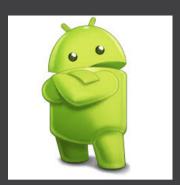




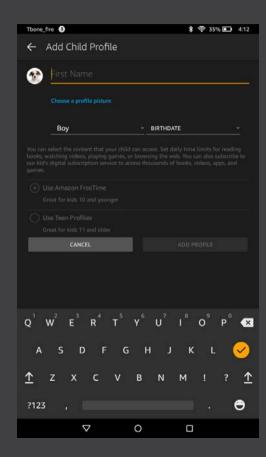
Select "Add a child profile"

Create a passcode for YOUR profile



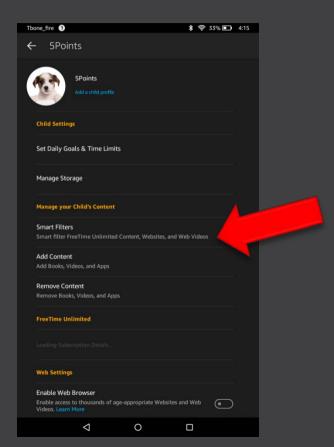


The age will determine what profile type you use





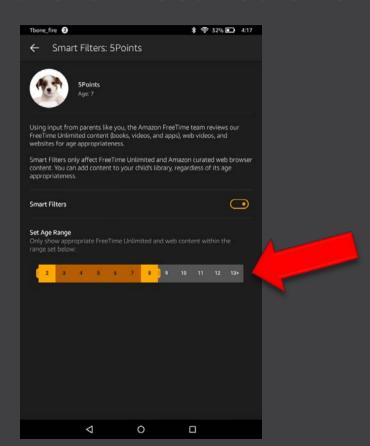
Now determine what the child can do or see





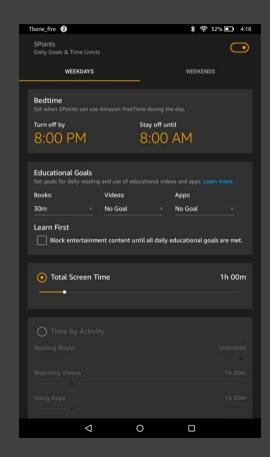
Select "Smart Filters"

Slide the bar to adjust the age range for content you want to allow



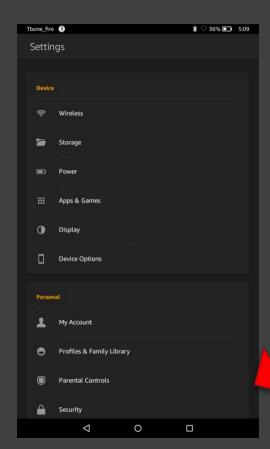


Now adjust the times and duration for your child's access





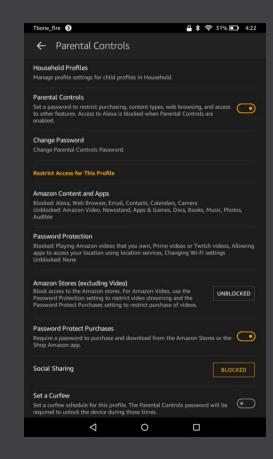
Go back to the main Settings screen





Select "Parental Controls"

Select options you want





For OTHER androids

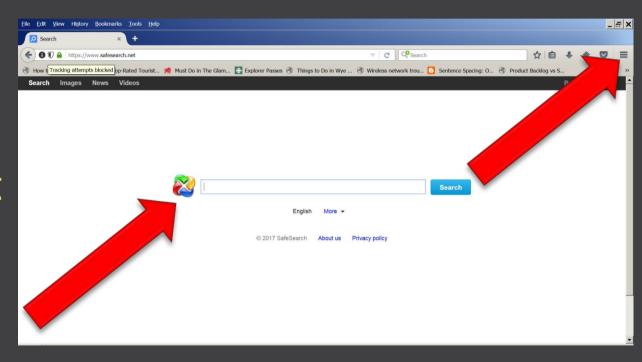


After creating the profile: You'll now see a list of apps installed on your device, with on/off toggles to the side. Go through the list and toggle on only the apps you are comfortable with your child accessing. You can also click on the Settings icon next to Settings to allow apps to use location information, which is switched off by default.

Set your default search engine

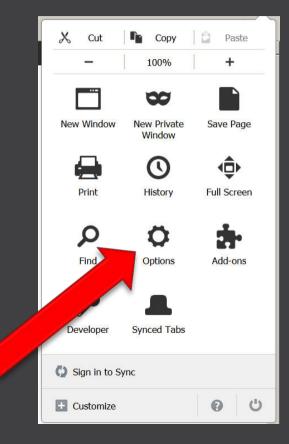


Set homepage on all browsers to safesearch.net



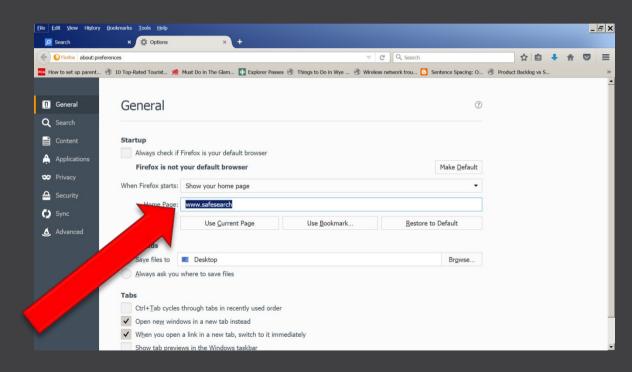


Select "Options"



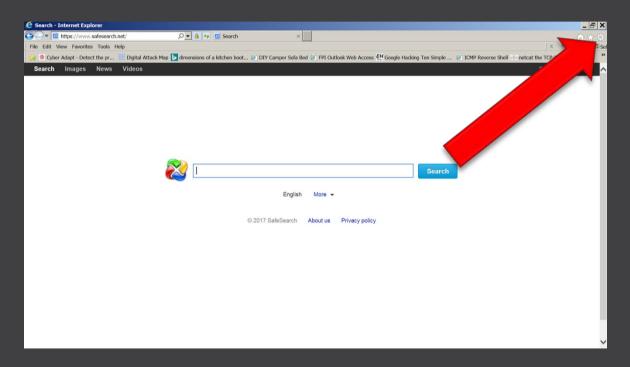


Type
www.safesear
ch.net in
Home Page
field



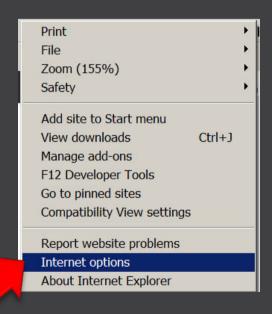


For Internet explorer select the "gear" icon

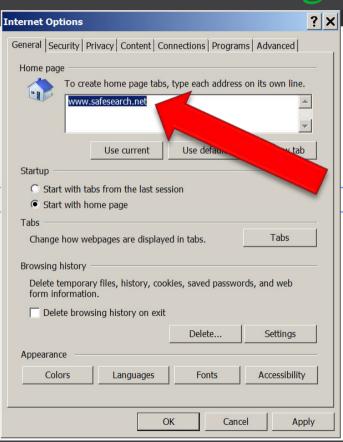




Select "Internet options"

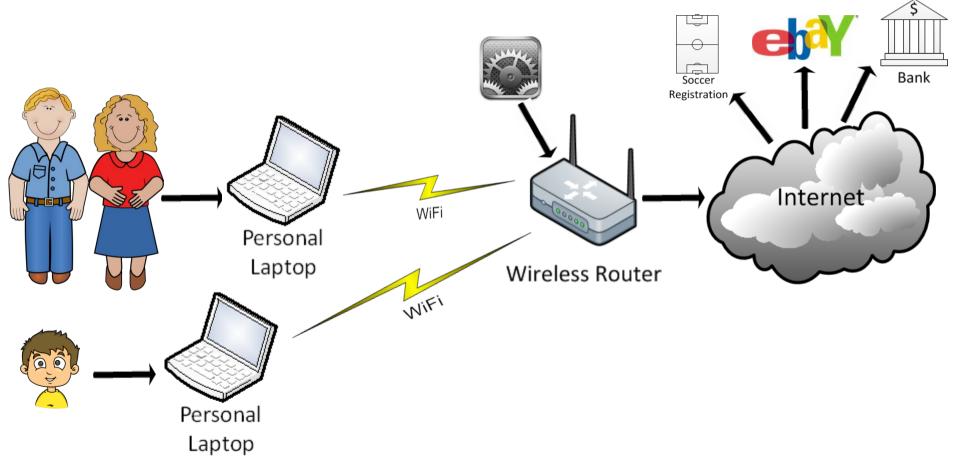


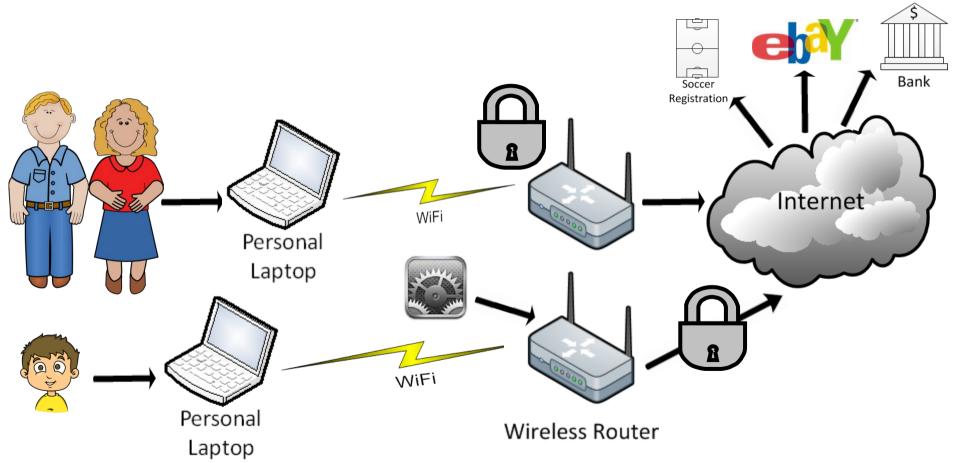
Enter safesearch.net in the home page field





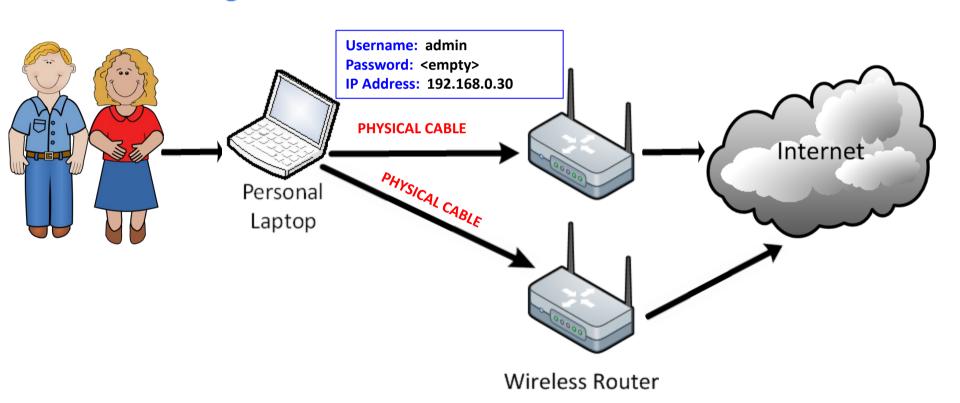
Have a "parents' router and a kids' router"





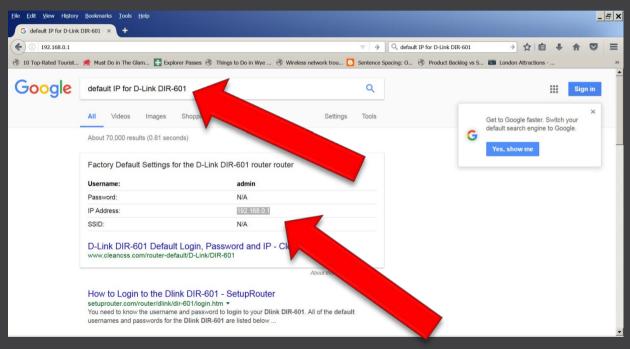


"Default settings for D-Link DIR-610"





Google to find the ip address of the router you have

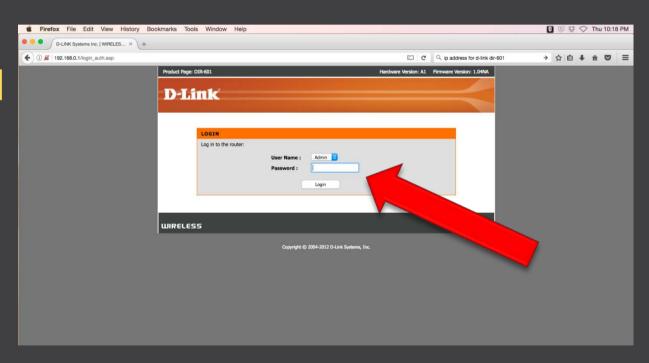


Here it is!

Double Routers



Type in the user name and password you found

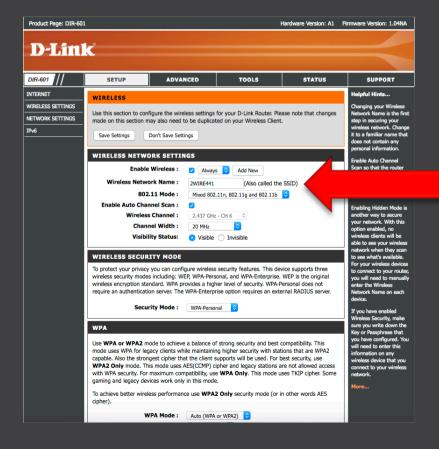


Change the Router's "name". Then

scroll down

Double Routers



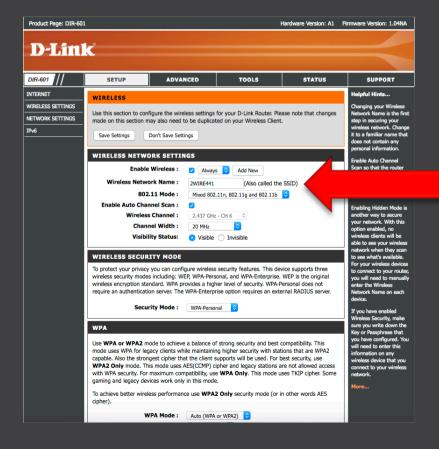


Change the Router's "name". Then

scroll down

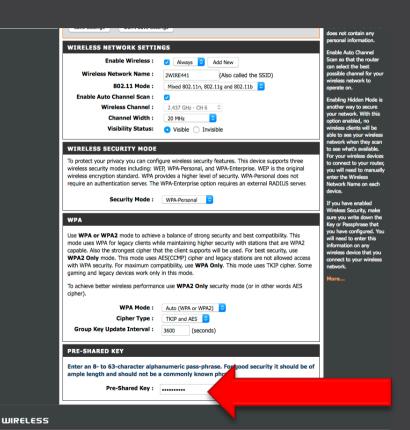
Double Routers





Double Routers

Change the
Router's
"password".
Then select
Save Settings.





Set parental controls on Kids' router

Best "Family Routers"



1. Skydog	\$149

- 2. Netgear Nighthawk AC1900 \$199
- 3. Buffalo Airstation Extreme AC1750 \$129
- 4. Linksys EA6900 AC1900 \$100

Parental Control Software

Parental Control Software

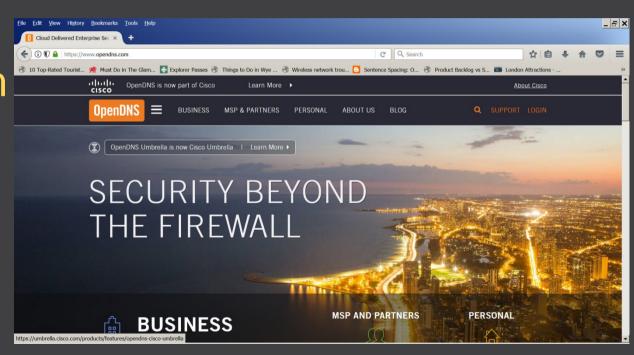


1.	Circle with Disney	\$99
2.	Net Nanny (additional computers are \$20)	\$39
3.	OpenDNS Home VIP (no additional fees)	\$20

Using OpenDNS free



Go to OpenDNS.com



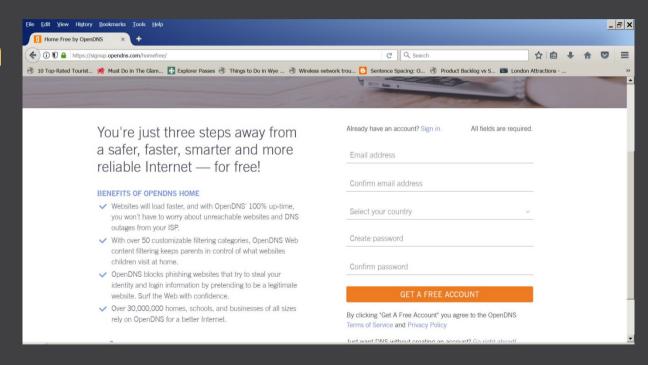


Select OpenDNS Home Free



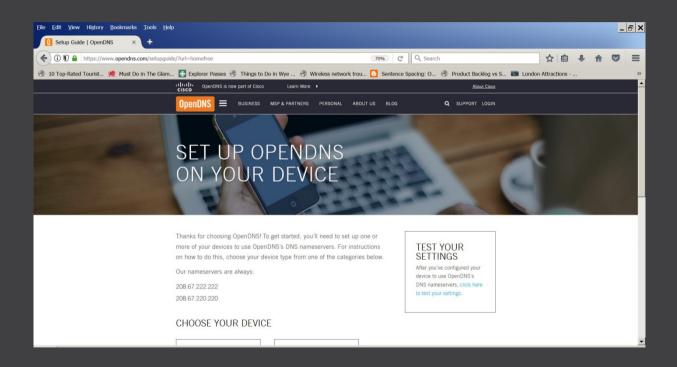


Sign up for an account



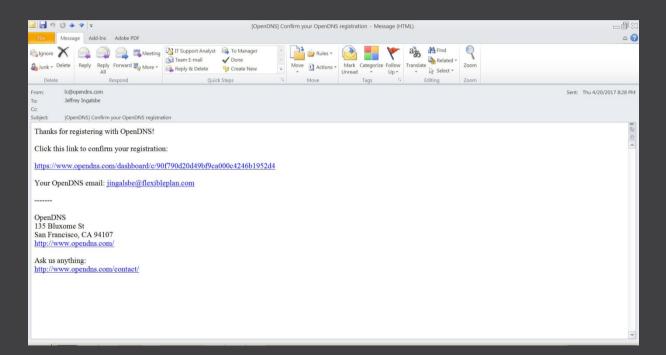


Scroll down



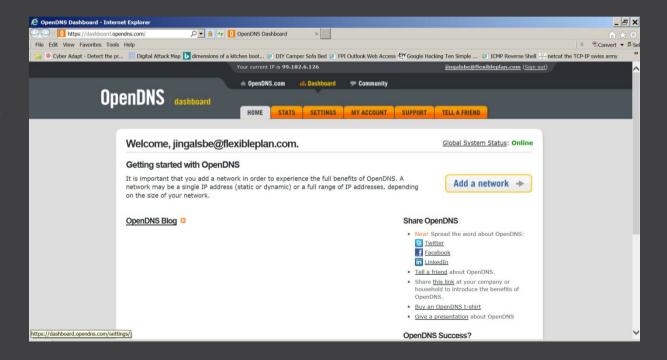


Confirm your Account



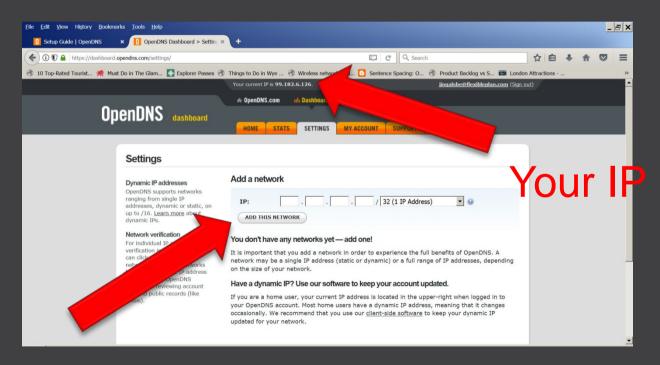


Sign in and select "Add a network"



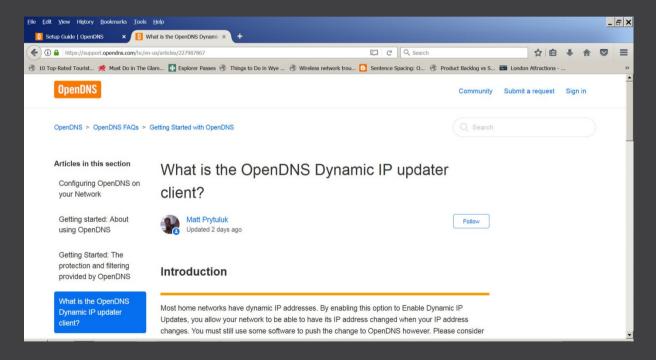


Select "Add This Network"



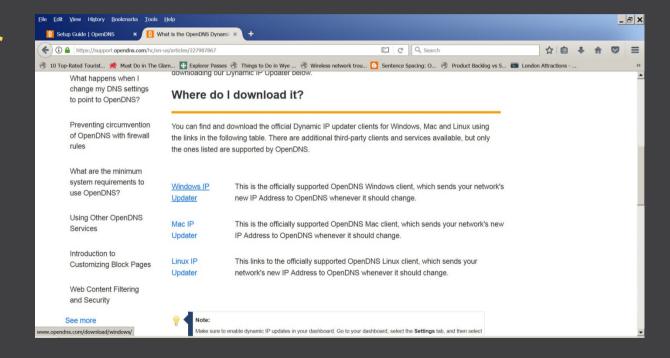


Download the IP updater



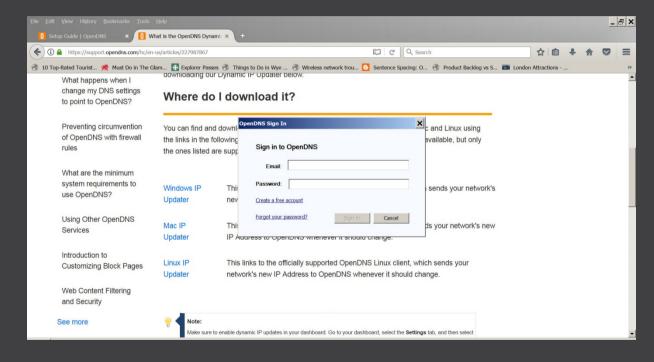


Choose your Operating System



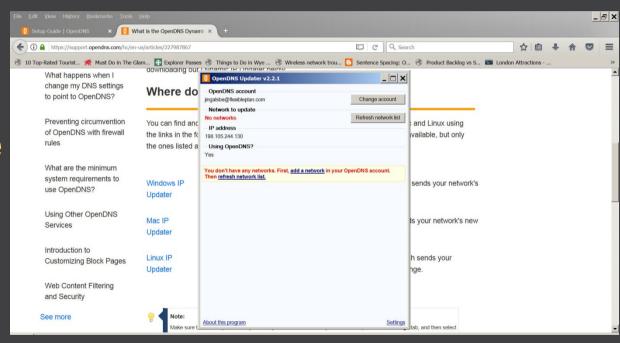


Once you run the downloaded program you must sign in



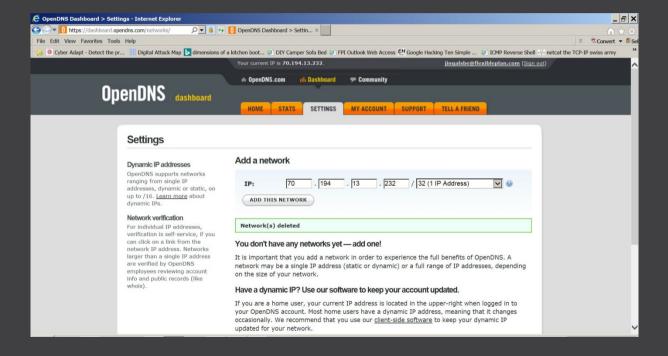


This is the client updater that runs all the time



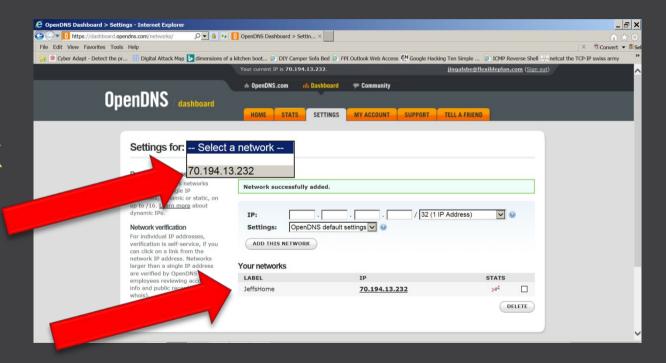


Go back and "Add This Network"



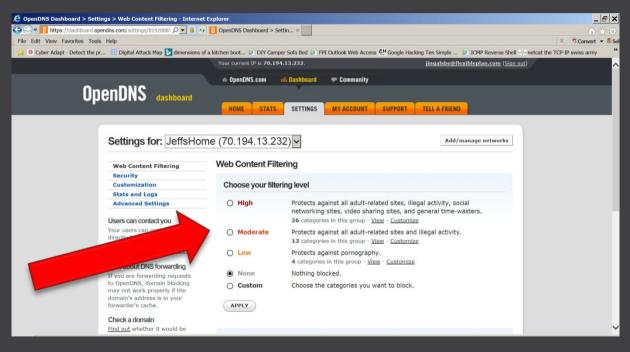


Change the settings for your network



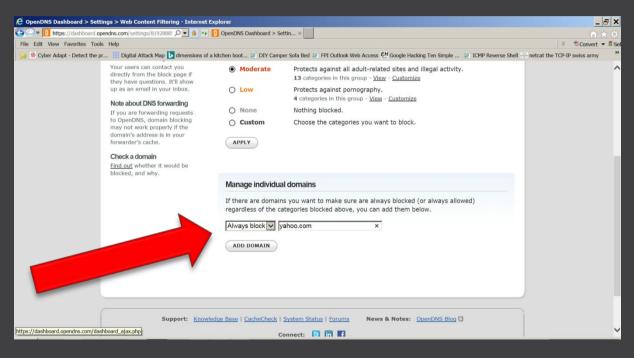


Choose "High, Moderate, Low, None, or Custom"



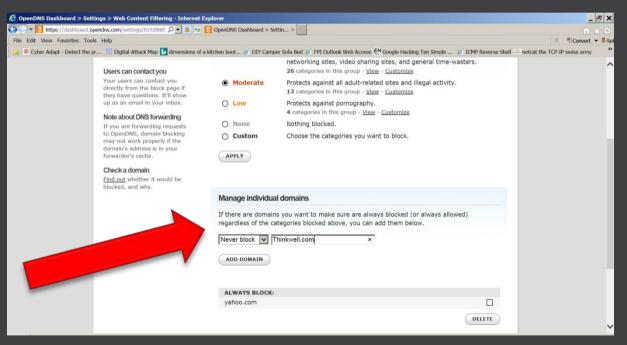


You can
"Always block"
domains



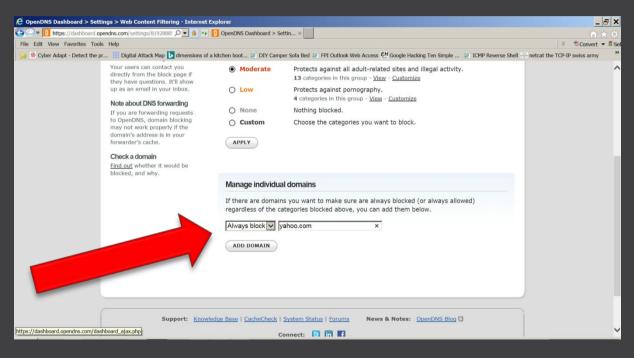


You can "Never block" domains



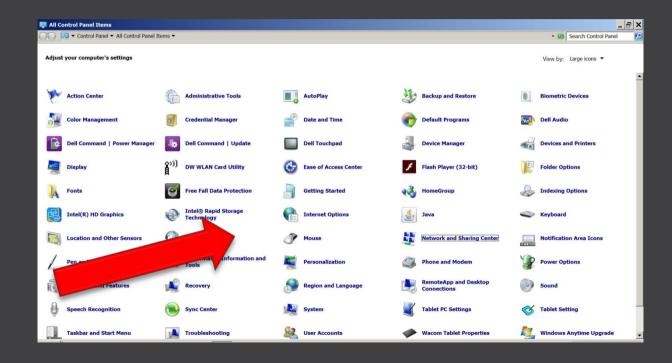


You can
"Always block"
domains

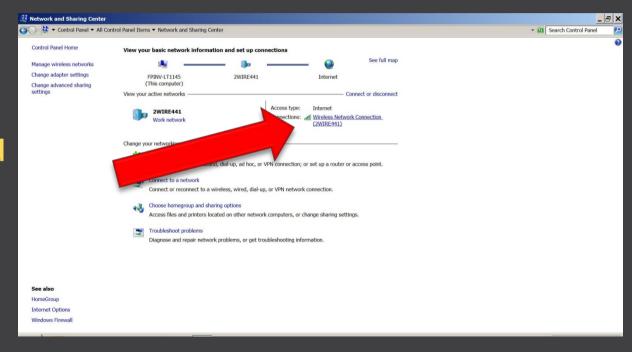




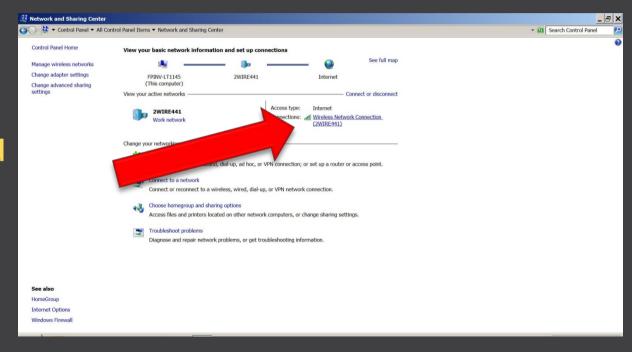
Now go and point your computer to OpenDns

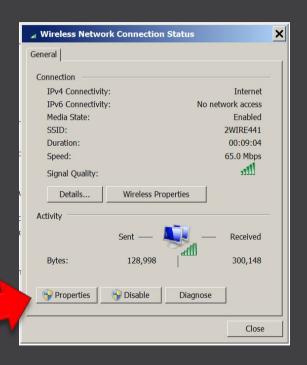


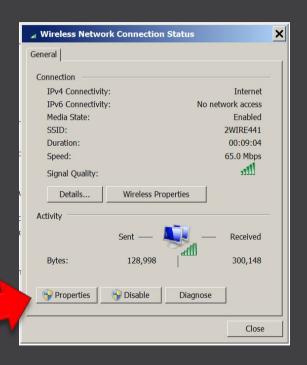




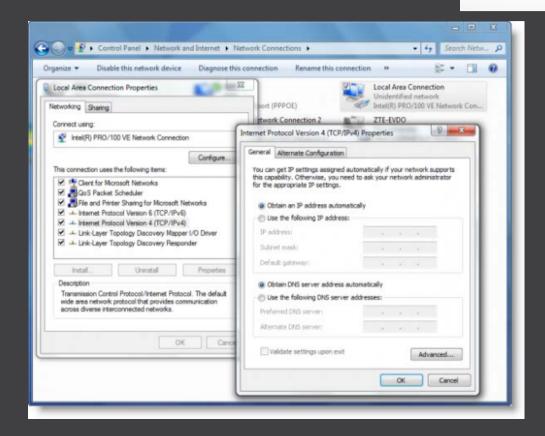








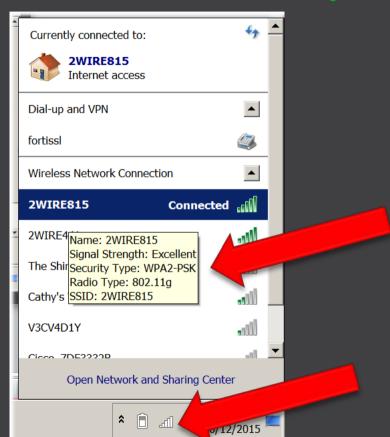
Select IP V4
Then type in the OpenDNS
IP addresses



That's it!

Wireless Promiscuity

Talk to kids about connecting to wireless



Catfishing

Talk to your children about "friending"



What You Can Do



Create strong passwords

Which passwords are strong?

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STRONG

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For More Information

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